

# COACH TRAINING COURSE CATALOG

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RAISE YOUR CONSCIOUSNESS

TRANSFORM LIVES

LIVE YOUR PURPOSE



**CREATIVEMIND**  
UNIVERSITY



# **NUEROMYNDRA™**

## **COACHING METHOD**

**NEUROMYNDRA™** - Where science meets spiritual psychology.  
Guiding you to access the luminous mind which allows for unlimited possibility.

The NeuroMyndra™ method is a coaching system developed by Founders Robert Maldonado, PhD. (Dr. Rob) and Debra Maldonado is based on Jungian Psychology, Eastern Spirituality and Social Neuroscience. We take clients on a journey from their limited ego identity to accessing the power that lies deep within their unconscious mind ready to be realized.

Get ready to transform lives and unleash your true potential with the NeuroMyndra™ methodology in our **Jungian Life Coach, Creative Mindset Coach and Mind-Body Coach Training programs.**

We offer different levels of studying the method based on your interest and budget while providing you with the support needed to establish a thriving coaching business.

Don't wait any longer to pursue your dreams and start transforming lives - talk with our team today about which program is right for you!

**SCHEDULE YOUR CALL WITH**  
**ADMISSIONS**

[Visit CreativeMindLife.com/Booking](https://CreativeMindLife.com/Booking)

*The privilege of a lifetime is to become  
who you truly are.*

-Carl Jung

# FROM THE FOUNDERS

Over the past decade, we have worked with thousands of people around the world to develop a coaching methodology that helps high-functioning individuals with big dreams usher in transformation and reach their full potential.

We developed CreativeMind as a labor of love. Our love of psychology and deeper spiritual understanding of the human experience brought us together. Now, united in purpose, we share this process with others through our Certification Training Programs.

People are craving a deeper understanding of themselves and a more direct spiritual experience in their lives. Carl Jung created a map of the psyche (soul) that we can follow and the wisdom of Eastern Spirituality gives us the higher knowledge needed to complement Jung's work.

Our mission is to provide life coach training beyond simple motivation and action steps to ignite a deeper, spiritual experience of one's true nature. After all, life coaching should be about life; not just the surface persona, but the whole person, conscious and unconscious. If you are looking for something different, then you are in the right place.

Our process will help you bring light to your true self so you can share your gifts with others and make a real difference in their lives.

This is the journey you were meant to be on. Let's begin it together.



Debra Maldonado &  
Dr. Rob Maldonado

**FOUNDERS OF  
CREATIVEMIND AND  
NUEROMYNDRA METHOD**





# **COACH TRAINING PROGRAMS**

## **ICF-ACCREDITED FOR CCE'S**

### **JUNGIAN LIFE COACH - 9 MONTHS**

**LIVE ONLINE** - Our most popular and most comprehensive training program. A complete immersion into Jungian Coaching with coaching skills, shadow work, active imagination, visualization, emotional integration, complexes, archetypes and symbols and dream interpretation.

#### **Features:**

- 15 Video Training Modules
- Weekly Live Calls and Coaching Practice Labs
- 9 Private Coaching with your Dedicated Master Coach
- 3 Private Coaching Skills Review Calls with Dedicated Master Coach
- Community Forum with students
- Business Training Modules to Launch Your Coaching Business
- 105 ICF CCE credits that cover the educational requirements for the ICF Certification.
- Earn title: Certified Jungian Life Coach

Investment: \$18,000



# **COACH TRAINING PROGRAMS**

## **ICF-ACCREDITED FOR CCE'S**

### **CREATIVE MINDSET COACH - 12 WEEKS**

**LIVE ONLINE** -This coach training is focused on working with a client's mindset to reach their goals. Learn mindset coaching, neuroscience and visualization and Carl Jung's active imagination technique as well as working with a client's resistance.

#### **Features:**

- 6 Video Training Modules
- Weekly Live Coaching Practice Labs with a Lead Instructor
- 1 Private Coaching Skills Review Call
- Community Forum with students
- 61 ICF CCE credits that cover the educational requirements for the ICF Certification.
- Earn title: Certified Creative Mindset Coach

Investment: \$5,000





# ON-DEMAND COACH TRAINING PROGRAM

## MIND-BODY COACH TRAINING - SELF-PACED

This program is a comprehensive training in mind-body coaching that is delivered as a self-paced program. Learn coaching skills, breathwork, visualization, active imagination, basic physiology and neuroscience as well as Eastern Spiritual principles to enhance your practice.

### Features:

- 10 Video Training Modules
- One Private Coaching Review with a Master Coach
- Business Training Modules to Launch Your Coaching Business
- 24 ICF CCE credits that can be applied to the educational requirements for the ICF Certification or renewal
- Earn title: Certified Mind-Body Coach

Investment: \$2750



## Compare our programs....



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### PROGRAM COMPARISON CHART

	<b>Jungian Life Coach</b> ICF: 105 CCEs	<b>Creative Mindset Coach</b> ICF: 61 CCEs	<b>Mind-Body Coach</b> ICF: 24 CCEs
<b>Training Modules</b>	15 Modules	6 Modules	10 Modules
<b>Live Calls</b>	Weekly for 9 months	Weekly for 12 weeks	No Live Calls
<b>Private Coaching</b>	9 Calls + 4 Coaching Skills Feedback Calls	1 Coaching Skills Feedback Call	1 Coaching Skills Feedback Call
<b>Business Training</b>	6 Modules + 3 Live Calls	3 Modules + 2 Live Calls	Not included
<b>Theory Taught</b>	Individuation Jungian Coaching	Mindset	Mindset
<b>Tools &amp; Techniques</b>	Coaching Skills Mindset Shadow Work Visualization/Active Imagination Emotional Wisdom Complexes/Archetypes	Coaching Skills Mindset Visualization Active Imagination Emotional Wisdom	Well-Being Mindset Coaching Skills Visualization Emotional Wisdom Breathwork Meditation
<b>Tuition</b>	\$18,000	\$5,000	\$2750

Find out more by booking your call with Admissions today

[Schedule Today](#)

# MEET THE FOUNDERS

and creators of the **NEUROMYNDRA™**  
Coaching Method



## DEBRA MALDONADO

Debra Maldonado is the CEO of Creative Mind Media, LLC, Co-Founder of CreativeMind.

She is a TEDx Speaker, the author of LIKE A SPARK FROM FIRE (2022) and the bestselling book, LET LOVE IN (Wiley 2010). Debra has been featured by ABC News, ABC Radio Network, FOX News, NBC News, WB2, Cosmopolitan, Natural Health, Huffington Post, YourTango, Publisher's Weekly, Complete Woman, Playboy Radio, Inc.com and more.

Her passion is to inspire people to do what they love, help others, and become entrepreneurs as life coaches, authors, and trainers.



# MEET THE FOUNDERS

and creators of the **NEUROMYNDRA™**  
Coaching Method



## **DR. ROB MALDONADO**

Robert Maldonado is the President of CreativeMind. He has had a life-long interest in Jungian Psychology, including the study of dreams, mythology, and comparative religion. Robert's academic training includes neuropsychology, neurodevelopment, social neuroscience, and multicultural psychology.

He earned his PhD in Counseling Psychology from the University of Wisconsin and an M.A. in Clinical Psychology from the University of Texas.

His clinical experience includes working with individuals, groups, couples, and families and has worked extensively with children and adults with neurodevelopmental and neurodegenerative disorders.





**BE A PART OF AN  
EXTRAORDINARY  
COACHING  
COMMUNITY**





# ACCREDITATION & SUPPORT

## ICF ACCREDITED PROGRAM

Jungian Life Coach Training is accredited by the International Coach Federation (ICF). ICF is considered the gold standard in coaching and accreditation is issued only for those programs teaching to the highest standard. Depending on the program, graduates receive 24-105 Continuing Coach Education hours (CCEs) that can be used toward ICF Credentials or renewal.



## INCLUDED GRADUATE COMMUNITY LIFETIME MEMBERSHIP

Our community of coaches is focused on personal growth and empowerment to make a difference in the world. Jungian Life Coaching graduates receive a lifetime membership to this exclusive online community with special bonuses.

- A Supportive Community of Like-Minded Peers
- Coach Directory Listing
- Monthly Calls
- Quarterly Intensives with Program Founders

# STUDENT TESTIMONIALS



My journey has taken me through four comprehensive coach training programs, each one bringing me closer to the coach I aspired to be. Yet, despite the valuable insights I gained, something was always missing.

It wasn't until I enrolled in Creative Mind's Jungian Life Coach Training that I discovered what that was. The missing pieces were profound: true transformation on a soul and spiritual level, for myself and thus for my clients, and Creative Mind's unshakable belief in our ability as coaches to build a successful coaching business and to thrive. I'm so filled with gratitude to have finally found what had been missing: the depth of true inner transformation and a holistic approach to coaching that integrates the psyche and spirit, with just the right dose of neuroscience."

**—Melanie Bates**



I went from being withdrawn and afraid to be seen, to taking action and putting myself out there with confidence. I learned that I am not broken and I don't need to be fixed, and am now empowered to move forward to fully embody my wholeness.

**—Natalie Mal**

# STUDENT TESTIMONIALS



I was delighted with this program. Familiar with Jungian terms and thinking, I entered the program looking forward to gaining practical experiences and connecting with people at a soulful level. I was not disappointed. Additionally, Rob and Debra did an excellent job discussing unclear concepts, thus making Jung accessible to all. The business part of the course was very well done, with exceptional oversight and honest feedback.

**—Mark Grandstaff, PhD.**



“I have found my path to that deeper part of myself and my true Self through the CreativeMind Coaching program.”

**-Cindy Schmidt**



The CreativeMind Method has enabled me to overcome self-imposed limitations, uncovering areas of my psyche I previously didn't recognize, and leading me to discover my authentic self.

**—Francisco Mazza**



# STUDENT TESTIMONIALS



I have been able to confront so many hurdles and challenges in my life in a much more liberating way, knowing that I don't have to fix anyone or anything, but rather let situations mirror to me the opportunity of continuing this profound inner work.

—Lexa Hillyer



I've been working with Debi & Dr. Rob for the past 4 years and I started because I had one problem to solve - but then I became "hooked" on the intrigue of the work itself and Eastern Philosophy was a big part of the draw, along with Jungian Psychology. I feel secure in the principles no matter what the situation, whether its love, family, friendships, career, or otherwise. And... have become a Certified Jungian Spiritual Life Coach just because I love it so very much! I established my passion project business, Newborn Evolution - as Leadership Transformation Coach & Journalist, in addition to my high pressure corporate career. Everyday is a beautiful new adventure!

—Joanne Newborn

*“I am not what happened to me, I am  
what I choose to become.”*

— Carl Gustav Jung

# *next steps*



## **DISCOVER YOUR PURPOSE AS A LIFE COACH**

We are now enrolling for our next Jungian Life Coach Training cohort. Schedule your free call with Admissions for your chance to speak with an Enrollment Coach and discover if this remarkable training is the right fit for you.

**SCHEDULE YOUR CALL WITH  
ADMISSIONS**

Visit [Creativemindlife.com/booking/](https://creativemindlife.com/booking/)  
or call 1-877-986-9449